Correlates of Spontaneous Clearance of Hepatitis C Virus among People with Hemophilia

Mingdong Zhang^{1, 2*}, Philip S. Rosenberg¹, Deborah L. Brown³, Liliana Preiss⁴, Barbara A. Konkle⁵, M. Elaine Eyster⁶, and James J. Goedert^{1*} for the Second Multicenter Hemophilia Cohort Study

- 1. Division of Cancer Epidemiology and Genetics, National Cancer Institute, Rockville MD 20892.
- 2. Center for Emerging Infectious Diseases, Chinese University of Hong Kong, Prince of Wales Hospital, Hong Kong SAR.
- 3. University of Texas Health Science Center-Houston, Houston TX 77030.
- 4. Research Triangle Institute, Rockville MD 20852.
- 5. Department of Medicine, Division of Hematology/Oncology, University of Pennsylvania, Philadelphia, PA
- 6. Department of Medicine, Division of Hematology and Oncology, Pennsylvania State University College of Medicine, Hershey PA 17033.
- * Address correspondence to Mingdong Zhang, M.D., Ph.D., or James J. Goedert, M.D., Viral Epidemiology Branch, DCEG, NCI, 6120 Executive Blvd., Rockville MD 20852. Email: mingdong@mail.nih.gov or goedertj@mail.nih.gov.

Short title: Correlates of HCV clearance in hemophiliacs

Word count: 3,722

Scientific heading: Clinical Observations, Interventions, and Therapeutic Trials

Abstract

People with hemophilia were formerly at very high risk of infection with hepatitis C virus (HCV). Approximately 20% of HCV-infected patients spontaneously clear the virus. To identify correlates of spontaneous clearance of HCV, we studied a cohort of HCVinfected hemophilic subjects without human immunodeficiency virus infection who had never been treated with interferon. Plasma HCV RNA was persistently undetectable in 192 (27.0%) of 712 HCV-seropositive subjects. In multivariate analyses, HCV clearance was more likely in subjects infected with HCV at younger age, especially with infection before age 2 (40.1%) compared to after age 15 years (14.9%, P_{trend}<0.0001), and with relatively recent infection, especially after 1983 (42.8%) compared to before 1969 (18.2%, P_{trend}<0.0001). HCV clearance was marginally reduced with African ancestry (19%) and greatly increased with chronic hepatitis B virus (HBV) infection (59.1%, P=0.0006). Resolved HBV infection, coagulopathy types and severity, types of clotting factor treatment, and gender were not associated with HCV clearance. In conclusion, hemophilic subjects co-infected with chronic HBV and those infected with HCV before age 2 or after 1983 were significantly more likely to spontaneously clear HCV viremia. These data highlight and clarify the importance of non-genetic determinants in spontaneous recovery from HCV infection.

Word count: 198.

Introduction

The majority of patients infected with hepatitis C virus (HCV) fail to mount an effective immune response and develop persistent infection that may lead to chronic liver disease. Epidemiological data from populations at risk of HCV exposure suggest that 14% to 40% of people infected with HCV spontaneously clear the virus and have no detectable HCV RNA in plasma. Single exposure to HCV, younger age at infection, female gender, and certain major histocompatibility complex genes are likely to be associated with a higher spontaneous clearance rate. African Americans and perhaps Asian Americans appear to be less likely than Hispanic or Caucasian Americans to clear the virus spontaneously. Co-infection with human immunodeficiency virus 1 (HIV-1) is associated with significantly lower spontaneous HCV clearance, while chronic infection with hepatitis B virus (HBV) is associated with significantly higher spontaneous HCV clearance.

People with hemophilia receiving clotting factor replacement therapy were at very high risk of infection with HCV before the introduction of donor screening and virus inactivation in the mid-1980s. ¹³⁻¹⁵ Of HCV antibody-positive patients with hemophilia, spontaneous clearance of HCV RNA has been reported in about 25% of those without HIV-1 co-infection compared to 10% or less of those with HIV-1 co-infection. ^{6,16-17} The clinical and epidemiological determinants of HCV clearance in hemophilic patients are not well defined, although clearance may be more frequent among those infected at a younger age. ⁶ Clearance, when it occurs, is almost always within 1-2 years of primary

infection.¹⁸ The purpose of the current study was to identify clinical correlates of spontaneous HCV clearance in a well-characterized cohort of people with hemophilia who were infected with HCV without HIV-1.

Methods

Study subjects. The second Multicenter Hemophilia Cohort Study (MHCS-II) was established to better identify, quantify, and develop markers for complications of HCV, as well as later complications of HIV-1 and its treatment. 19 All patients at the collaborating comprehensive hemophilia treatment centers were invited to participate in the MHCS-II if they had reached age 13 years, had a congenital coagulation disorder [hemophilia A or B (congenital factor VIII or IX deficiency), vonWillebrand's disease, or other, hereafter referred to as hemophilia] and if, since January 1, 1993, they had had a positive result on a locally performed, licensed assay for HCV antibodies (anti-HCV), HIV-1 antibodies, or HIV-1 RNA. Earlier HCV and HIV-1 results were not considered to avoid false-positive results with first generation assays. All 1449 HIV-uninfected subjects who enrolled in the MHCS-II from 2001 to 2004 were eligible for the current analysis. As described, ¹⁸ some small fraction of subjects had lost anti-HCV prior to MHCS-II enrollment, but this was not considered in the current analysis. Data on consumption of alcohol during the year before knowledge of being infected with HCV were collected by questionnaire. One drink was defined as 45ml (1.5 oz) of liquor, 120 ml (4 oz) of wine, or 360 ml (12 oz of beer) and was estimated to contain 12 g of alcohol. 19 Additional information is available at https://mhcs-ii.rti.org. Excluding those

who lacked HCV RNA data sufficient to define HCV clearance (n=473, see definition below) and those with a history of interferon treatment (n=264), a final total of 712 subjects were included. Approval was obtained from the Special Studies Institutional Review Board of the National Cancer Institute, NIH, as well as from the Institutional Review Board of each of the participating centers. Informed consent was provided according to the Declaration of Helsinki.

Types of plasma exposures. Before the early to mid-1980s, when heat inactivation of enveloped viruses in clotting factor concentrate became standard practice, people with hemophilia were treated with non-heat-treated clotting factor concentrate (NHT), that was derived from large pools of plasma (20,000 to 50,000 donors), and with cryoprecipitate that pooled a few to a maximum of 20 single-donor units or fresh frozen plasma (subsequently referred to as cryo/plasma). Based on the types and the order of the treatment received, each subject in the current study was classified as having one of the three types of exposure: (1) cryo/plasma only; (2) cryo/plasma before NHT factor concentrate; (3) NHT concentrate before or without cryo/plasma.

Imputation of age and year at HCV infection.

We assumed that concentrate used after 31 December 1990 was non-infectious, but concentrate used prior to 31 December 1990 resulted in infection with any single exposure. This date was well after use of NHT concentrate had ceased in the mid-1980s. However, sporadic cases of HCV transmission attributed to heat-treated clotting factor concentrates occurred over the next few years, until development and implementation of

more stringent virucidal treatments and exclusion of anti-HCV positive donors. 15 Therefore, for subjects in group 3 above, we assumed that HCV infection occurred as a consequence of the first exposure. For subjects in groups 1 and 2 above, the precise dates of infection were unknown, but occurred in the interval between the first and last potentially infectious exposures. We assumed that, for 'similar' groups of subjects, defined below, the age-at-infection curve was proportional to the age-at-exposure curve. On the basis of this assumption, we estimated the age-at-exposure distribution using statistical methods, and imputed each subject's most likely age-at-infection as the expected value of this distribution, conditional on exposure within the individual's window. The imputed dates of infection were calculated by adding the imputed ages to the corresponding dates of birth. Exposure probabilities by age were estimated from exposure window data using an EM algorithm and non-parametric locally-weighted scatter plot smoother (EMS algorithm). 20-21 While defining groups of subjects who could be pooled for purposes of imputation, we noted that naive estimates of age-at-exposure defined using the mid-points of the exposure windows were strongly dependent on the severity of hemophilia and the year of birth (data not shown). Therefore, for each severity group and date of birth, we applied the EMS algorithm using all subjects with the same severity and with dates of birth occurring within 2.5 years.

For analysis, age at infection was divided into approximate quartiles. These were age less than 2, 2-5, 6-15, and 16-60 years. In contrast, year of infection was divided into approximate quintiles to reflect eras of therapeutic plasma products. Specifically, these

were 1947-1968 (pre-NHT era), 1969-1974 (early NHT era), 1975-1979 (pre-HIV NHT era), 1980-1983 (peak HIV NHT era), 1984-1990 (heat-treatment era).

Laboratory methods. Two assays were used to determine the presence or absence of HCV RNA in plasma separated from venous blood collected in acid-citrate-dextrose anticoagulant at each MHCS-II visit. First, each specimen was screened with a real-time reverse transcription-polymerase chain reaction (RT-PCR) assay developed in our laboratory. The reagents and protocol were optimized by modifying an existing assay to detect and quantify simian immunodeficiency virus RNA.²² Detailed methods for the HCV RT-PCR assay are available upon request. Analytic sensitivity for HCV RNA in plasma was 9.1 international units (43 copies) per ml with the World Health Organization international standard. Mean HCV load by RT-PCR was 5,779,050 copies/ml (standard error: 474,585 copies/ml; interquartile range: 814,286 to 7,285,714 copies/ml).

Second, the qualitative COBAS Amplicor Hepatitis C Virus Test, version 2.0 (Roche Diagnostic Systems, Branchburg, NJ) was performed in an independent laboratory (Pennsylvania State University, Hershey PA) on a masked, stratified random sample of 440 MHCS-II specimens. Compared to the Amplicor results, sensitivity of the screening RT-PCR was 100%. Specificity of the RT-PCR, compared to the COBAS Amplicor, was only 88%. Investigation revealed low-level false-positives by RT-PCR (median <429 copies/ml, maximum 16,286 copies/ml) due to well-to-well contamination during processing. To rectify this, the independent laboratory re-tested all specimens that were RT-PCR positive up to 100,000 copies/ml (5% of all screening-positive samples and 6-

fold higher than the maximum false-positive found in the screening assay) by COBAS Amplicor using a previously unthawed aliquot of plasma. The Amplicor result was considered definitive.

Definition of HCV clearance. Subjects with a negative HCV RNA, by RT-PCR or COBAS Amplicor, at both enrollment and first annual follow-up were defined to have cleared HCV infection. Subject with a positive HCV RNA (by COBAS Amplicor or >100,000 copies/ml by RT-PCR) at enrollment were considered to have chronic HCV infection.

HBV infection status. HBV status for each subject in the current study was defined using the results of licensed serologic assays as used for clinical care and as reported by each clinical center. Those with no detectable HBV serological markers or with isolated antibody against HBV surface antigen (anti-HBs) following HBV vaccination were classified as HBV uninfected. Those with unresolved HBV surface antigen (HBsAg) in serum for more than six months were classified as having chronic HBV infection. Those with other serological markers, including anti-HBs with no history of HBV vaccination, were classified as having resolved HBV infection. Testing for antibody against HBV core antigen was not routinely performed by the clinical centers.

Statistical analyses. Chi-square analysis was used to compare characteristics of subjects with cleared and chronic HCV infection. Exact test was used if appropriate. Median and interquartile range (IQR) of age at infection were calculated. Differences in mean age

were compared with a t-test. Odds ratios measuring potential associations of variables and HCV clearance were estimated by logistic regression analysis, after adjusting for other covariates. Variables with p \leq 0.15 in univariate analysis were included in the multivariable model. Variables with adjusted p \leq 0.10 were retained in the final model. All statistical analyses were done with the Statistical Analysis System version 8.0 (Cary, NC).

Results

Spontaneous HCV clearance by ancestry and gender. Among the 712 HIV-negative, interferon-untreated subjects who currently or previously were anti-HCV positive, 192 (27.0%) had cleared HCV infection as established by the inability to detect HCV RNA in plasma (Table 1). Subjects of African ancestry had a marginally lower HCV clearance rate (19.1%) than did those of non-African ancestry (28.0%, P=0.08). As is typical for inherited coagulation deficiencies, only 41 of 712 (5.8%) subjects in the study were females. HCV clearance had occurred in 22.0% of the female subjects compared to 27.3% of the male subjects (P=0.46).

Spontaneous HCV clearance by type and severity of the coagulation deficiency. The HCV clearance rate did not differ significantly between subjects with hemophilia A (28.5%), hemophilia B (26.0%), or other coagulation deficiencies (17.2%, P=0.15). By severity, the HCV clearance rate was 30.0% with severe bleeding diathesis, 25.2% with moderate bleeding diathesis, and 20.5% with mild bleeding diathesis (P=0.06).

Spontaneous HCV clearance by type of factor treatment. There was no significant difference in HCV clearance rate by type of clotting factor replacement therapy. The HCV clearance rate was 24.6% among subjects who received only cryoprecipitate or plasma. It was 27.5% among subjects who received cryoprecipitate or plasma prior to later receipt of NHT factor concentrates. And it was 30.2% among subjects who received NHT factor concentrates only or before cryoprecipitate or plasma (P=0.52).

Age at infection and spontaneous HCV clearance. Based on available data on age at first treatment and the types of treatment, age at HCV infection could be imputed for 620 of 712 subjects. The median age at HCV infection for subjects who spontaneously cleared HCV viremia was 3.0 years (IQR: 8.0 years), which was significantly younger than that for subjects with chronic HCV infection (median: 8.0 years, IQR: 16 years, P<0.0001). By quartile, HCV clearance rate was 40.1% for those infected before age 2, 29.7% for those infected at ages 2-5, 26.1% for those infected at ages 6-15, and 14.9% for those infected after age 15 (Table 2). Compared to subjects who were infected with HCV before 2 years of age, subjects infected at ages 2-5 years tended to be less likely to clear HCV (OR: 0.63; 95% CI: 0.39-1.02). The likelihood of HCV clearance was even less for subjects infected with the virus at ages 6-15 years (OR: 0.53; 95% CI: 0.33-0.84) and for subjects infected at age 16 or older (OR: 0.26; 95% CI: 0.15-0.45). Spontaneous HCV clearance decreased with age at infection (χ²_{trend} =24.9, P<0.0001).

Calendar year of infection and spontaneous HCV clearance. To investigate whether the likelihood of spontaneous HCV clearance varied chronologically with the year in which a subject was infected with the virus, we calculated the calendar year of infection for each subject with imputed age at infection. Spontaneous HCV clearance increased from 18.2% to 42.8% with calendar year of infection (χ²_{trend} =21.4, P<0.0001, Table 2). Compared to subjects who were infected with HCV between 1947 and 1968, subjects infected with the virus in later years were more likely to clear HCV. Subjects infected with the virus between 1980 and 1983 were significantly more likely to clear HCV with an OR of 1.81 (95% CI: 1.01-3.27). Of those infected with HCV most recently, between 1984 and 1990, 42.8% had cleared HCV (OR: 3.35; 95% CI: 1.93-5.80). Twenty-eight subjects were infected with HCV from 1987 through 1990, all of whom received only cryo/plasma, and nine (32.1%) of whom cleared the virus.

Coinfection with HBV and spontaneous HCV clearance. Sufficient information was available to define the HBV infection status for 531 (74.6%) of the 712 subjects. HCV clearance rates were 28.7% among the 328 HBV uninfected subjects, 24.3% among the 181 subjects with resolved HBV infection, and 59.1% among the 22 subjects with chronic HBV infection (Table 2). Compared to HBV-uninfected, subjects with chronic HBV infection were significantly more likely to clear HCV (OR: 3.60; 95% CI: 1.38-9.49; Table 2). Resolved HBV infection was not associated with spontaneous HCV clearance (OR: 0.80; 95% CI: 0.52-1.24).

Alcohol use and spontaneous HCV clearance. Information was available for 603 (84.7%) of the 712 subjects on alcohol use during the year before the subject learned that he or she had HCV antibodies. As shown in Table 2, HCV clearance rates by tertile of alcohol consumption were 27.3%, 16.3%, and 18.8%, respectively, compared to 30.4% among those who denied alcohol consumption (P_{trend} =0.004).

Multivariate analysis. Because many subjects lacked information on alcohol use and HBV infection status, the primary multivariate analysis was restricted to the 620 subjects with complete data on the other variables (Table 3). With adjustment for all variables in the model, gender and bleeding severity were unrelated to HCV clearance, but African ancestry was associated with a significantly lower rate of HCV clearance with an OR of 0.46 (95% CI: 0.23-0.91). Subjects infected with HCV at age 16 or older were significantly less likely to clear the virus when compared to subjects infected before 2 years of age (OR: 0.34; 95% CI: 0.18-0.65). Subjects who were infected with HCV most recently (between 1984 and 1990) were significantly more likely to clear the virus than subjects infected between 1947 and 1968 (OR: 2.37; 95% CI: 1.25-4.49). A variable to test for interaction between age at and year of infection was not significant (P=0.52).

In a secondary multivariate analysis of the 388 subjects who had complete data on alcohol use and HBV status, HCV clearance continued to be independently associated with chronic HBV infection (OR: 9.08; 95% CI: 2.54-32.45) but not with consuming at least 96 g of alcohol per week (OR: 0.87; 95% CI: 0.39-2.00). In this full model, subjects infected with HCV at age 16 or older remained significantly less likely to clear the virus

compared to subjects infected before 2 years of age (OR: 0.19; 95% CI: 0.07-0.53); and those infected with HCV most recently (between 1984 and 1990) remained significantly more likely to clear the virus than those infected between 1947 and 1968 (OR: 3.93; 95% CI: 1.52-10.19). In this secondary multivariate analysis, African ancestry was no longer significantly associated with HCV clearance (OR: 0.68; 95% CI: 0.29-1.62).

Discussion

The outcome of HCV infection is determined by the balance of the dynamic interaction between the virus and the host immune defense, with many environmental and other host factors modifying this interaction. ^{10,12} In this study of HIV-uninfected hemophilic subjects enrolled in the MHCS-II cohort, we examined the association of spontaneous HCV clearance with several variables postulated to be important. Like others, we found that spontaneous HCV clearance was significantly more frequent among subjects of non-African ancestry and those with chronic HBV infection. Our major new findings were that HCV clearance also was significantly more frequent among those infected at a very young age and those infected after 1983.

Most of our subjects had been infected with HCV during childhood, and there was a striking and highly significant gradient between the age at infection and the proportion that had cleared HCV. Overall, 27% of our subjects had cleared HCV. However, we observed that a much higher proportion, 40.1%, of those infected before age 2 years had cleared HCV compared to only 14.9% of those infected after age 15 years. This

difference was not confounded by the other variables. The median age at infection was 3 years for subjects who cleared HCV infection compared to 8 years among those in whom viremia persisted.

Our findings corroborate those of Messick, et al, who showed that the rate of spontaneous HCV clearance among 49 HIV-negative, anti-HCV positive hemophilic patients was significantly higher with younger age at infection. Similarly, Vogt and colleagues²³ found HCV clearance in 45% of 67 children infected by blood transfusion at a mean age of 2.8 years. Despite these data, clearance is not a simple function of age. Among volunteer blood donors, all of whom were adults, Busch et al recently found no association between HCV clearance and age. 11 At the other end of the spectrum, only two (11%) of 18 children infected through mini transfusions at birth spontaneously cleared HCV. ²⁴ Perhaps the likelihood of HCV clearance is related to age-specific differences in immune response that modify the interaction between virus and host immune defense, leaving the neonate vulnerable to chronic infection while an older child may be primed for clearance. The size of the inoculum may also influence the clearance rate. Because clotting factor therapy is calibrated to body size, younger hemophilic subjects may have received a smaller inoculum of HCV that might have increased the success of an immune response and the likelihood of viral clearance. The complex relationship between age and clearance of HCV contrasts with the higher likelihood of clearance of HBV with older age at infection.²⁵

We also observed that the likelihood of spontaneous HCV clearance increased with the calendar year in which the patient was infected. Only 18.2% of those infected before 1969 had cleared HCV, compared to 42.8% of those infected after 1983, a highly significant difference that was not confounded by age at infection or the other variables. Change in the pathogenesis of HCV itself is unlikely. Rather, the association probably reflects a lower likelihood of HCV clearance following HCV re-infection. 26-27 We speculate that the higher clearance in subjects first infected after 1983 might be due to less frequent re-exposure and repeated infection because of improvements in heat treatment and other procedures to inactivate viruses in factor concentrates that occurred during the 1980s. Alternatively, bias could account for the calendar association. Specifically, persons infected decades before the discovery of HCV in 1989 may have cleared not only HCV RNA but also HCV antibodies, 18,28-29 in which case they would not have enrolled in MHCS-II, falsely reducing the denominator of those infected before 1969. Conversely, non-enrollment in MHCS-II because of reduced survival with chronic HCV infection would present an opposing bias.

Co-infection with other viruses, especially HIV-1 and HBV, has been shown to modify the natural history of HCV infection. ^{10,12} To better understand other correlates of HCV clearance without the potential confounding effect of HIV-1 infection, we restricted our current study to HIV-uninfected hemophilia subjects. While resolved HBV infection was not associated with spontaneous HCV clearance, the relatively few subjects with chronic HBV infection were 3.6-fold more likely to clear HCV. Similar findings were reported previously among people with hemophilia and other populations. ^{9,30-34} This could be due

to reciprocal inhibition in viral replication between HBV and HCV in patients coinfected with these two viruses.³⁵ Additionally, lower survival of patients chronically infected with both HBV and HCV could have enriched the MHCS-II cohort with those chronically infected with HCV infection alone. However, this seems unlikely, as the 10.8% prevalence of chronic HBV infection in our cohort is nearly identical to that found 15 years earlier by Troisi, et al.³⁶

African ancestry was associated with lower spontaneous HCV clearance in other populations. 7,10,11 The current study, with only 84 subjects of African ancestry, was not ideal for assessing the impact of this characteristic. Nonetheless, we observed HCV clearance in only 19.0% of our subjects of African ancestry compared to 28.0% among other subjects, a difference that was statistically significant after adjustment for age at and calendar year of infection. We did not have sufficient statistical power to disentangle the role of ancestry from that of chronic HBV infection, nor did we have enough females to assess the role of gender.

Alcohol use was reported to be associated with lower spontaneous HCV clearance. As HCV clearance usually occurs within 1-2 years after infection and as changes in health or medication use may have prompted MHCS-II participants to change their drinking habits, we analyzed historical use of alcohol (drinking during the year before knowledge of the participant's HCV positivity) rather than recent alcohol use. In our univariate analysis, alcohol use had a highly statistically significant association with a lower rate of HCV clearance. However, alcohol consumption was no longer associated with HCV in a

multivariate analysis. This suggests that the association of alcohol consumption and HCV clearance was confounded by other variables, especially age at infection.

There are several potential limitations of our study. First, because age at HCV infection with hemophilia is seldom known precisely, we used information on types of and age at first exposure to infectious HCV through clotting factor replacement therapy to impute age at infection. Although we used statistical methods to maximize the probability of an accurate imputation, these historical data are inherently imprecise. Similarly, our data on use of alcohol were self-reported, allowing not only for inaccuracy but also the possibility for bias. To focus on spontaneous HCV clearance, we excluded subjects who had received interferon. The included and excluded subjects were very similar in all variables that we analyzed except for alcohol usage and African ancestry (data not presented). Finally, the hemophilic population differs from others, particularly with respect to very young age at infection, multiple and possibly simultaneous infections, and inclusion of only survivors in the cohort. Thus, the results from this study may not generalize to non-hemophilic populations.

In conclusion, among people with hemophilia, the likelihood of spontaneous HCV clearance was increased more than 3-fold with each of three variables—chronic HBV coinfection, HCV infection at a very young age, and HCV infection since 1983. These findings illustrate the importance non-genetic determinants in spontaneous recovery from HCV infection.

Acknowledgement: We are particularly grateful to the participants in the MHCS-II cohort. Funded in part by the Intramural Research Program, National Cancer Institute (NCI), National Institutes of Health (NIH); by the NCI and the National Heart, Lung and Blood Institute, NIH, through contract N01-CP-01004 with RTI International; and by the NCI, NIH, through contract N01-CO-12400 with Science Applications International Corporation (SAIC).

Potential Financial Conflicts of Interest: None disclosed.

Appendix of collaborators and institutions in MHCS-II:

North American Hemophilia Centers: Cardeza Foundation Hemophilia Center, Thomas Jefferson University Hospital, Philadelphia, PA (Dr. Jamie Siegel, Ms. Kay Miller); Case Western Reserve University, UHC Center for AIDS Research, Cleveland, OH (Dr. Michael M. Lederman); Chicago Children's Memorial Hospital, Comprehensive Hemophilia Program, Chicago, IL (Dr. Alexis Thompson, Mss. Jennifer and Susan Gamerman): Children's Center for Cancer and Blood Disorders. Palmetto Richland Memorial Hospital, Columbia, SC (Dr. Kevin McRedmond, Ms. Janice Withycombe); Children's Hospital Medical Center, Cincinnati, OH (Dr. Ralph Gruppo, Ms. Gina Stack); Children's Hospital of Michigan, Hemophilia Treatment Center, Detroit, MI (Dr. Jeanne Lusher, Ms. Linda Percy); Children's Hospital of Orange County, Department of Hematology/Oncology, Orange, CA (Dr. Diane Nugent, Ms. Marianne McDaniel); Children's Hospital of Philadelphia, Division of Hematology, Philadelphia, PA (Dr. Catherine Manno, Mss. Regina Butler and Amanda Wade); Children's National Medical Center, Washington, DC (Drs. Anne Angiolillo and Naomi L.C. Luban, Ms. Christine Guelcher); Comprehensive Bleeding Disorders Center, Peoria, IL (Dr. Michael Tarantino, Ms. Mary Brooks); Comprehensive Center for Bleeding Disorders, Wauwatosa, WI (Dr. Joan Gill, Ms. Jodie Nelson); Comprehensive Hemophilia Diagnostic and Treatment Center, University of North Carolina at Chapel Hill, Chapel Hill, NC (Drs. Gilbert White, Alice Ma and Michael Fried, Ms. Aime L. Grimsley); Cornell Medical Center, Hemophilia Treatment Center, New York, NY (Dr. Donna DiMichele, Ms. Ilene Goldberg); Dayton Children's Medical Center, Dayton, OH (Dr. James French, Ms. Sandra Hibner); Emory University School of Medicine, Atlanta, GA (Dr. James Steinberg, Mr. Steven Faust, Ms Francie Lassiter): Fairview University Medical Center, Minneapolis, MN (Dr. Nigel Key, Ms. Vicky Hannemann); Georgetown University Medical Center, Lombardi Cancer Center, Washington, DC (Dr. Craig M. Kessler, Ms. Anastasia E. Lee); Hemophilia Center of Central Pennsylvania, Penn State College of Medicine at Hershey, Hershey, PA (Dr. M. Elaine Eyster, Mss. Kathryn Galli and Gillian Jenkins); Hemophilia Center of Western New York, Inc., Buffalo, NY (Dr. Zale P. Bernstein, Ms. Linda Belling); Indiana Hemophilia and Thrombosis Center, Inc., Indianapolis, IN (Dr. Amy Shapiro, Ms. Patti Noblet); London Health Sciences Center, South Western Ontario Regional Hemophilia Program, London, ON, Canada (Dr. Lawrence Jardine, Ms. Lori Laudenbach); Long Island Jewish Medical Center, Hemophilia Treatment Center, New Hyde Park, NY (Dr. Richard Lipton, Ms. Christine Pece); Louisiana Comprehensive Hemophilia Care Center, Tulane University Medical School, New Orleans, LA (Dr. Cindy A. Leissinger, Ms. Cecilia Schmidt); Medical College of Virginia, Richmond Hemophilia Treatment Center, Richmond, VA (Dr. Marcus Carr, Ms. Melinda Nolte); Mountain States Regional Hemophilia and Thrombosis Center, Aurora, CO (Dr. Marilyn Manco-Johnson, Ms. Ruth Ann Kirschman); South-East Health Care Corp., Moncton Hemophilia Clinic, Moncton, NB, Canada (Dr. Sheldon H. Rubin, Ms. Dorine Belliveau); Mount Sinai School of Medicine, New York, NY (Dr. Louis Aledort, Ms. Johanna McCarthy); Mountain States Regional Hemophilia Center-Utah, Primary Children's Hospital, Salt Lake City, UT (Dr. Richard Lemons, Ms. Shirley Bleak); Ohio State University Hemophilia Center, Columbus, OH (Dr. Eric Kraut, Ms. Leslie Witkoff); Oklahoma Center for Bleeding Disorders, Children's Hospital, Oklahoma City, OK (Dr. Charles Sexauer, Ms. Felicia Kiplinger); Puget Sound Blood Center, Seattle, WA (Dr. Arthur Thompson, Mr. Charles Cooper); South Texas Comprehensive Hemophilia Center, Santa Rosa Children's Hospital, San Antonio, TX (Dr. Howard Britton, Ms. Karen Aufdemorte); St. Louis University Cancer Center, Missouri/Illinois Regional Hemophilia Center-Adult, St. Louis, MO (Dr. Hans Joachim Reimers, Ms. Judy A. Bagato); UCD Northern Central California Hemophilia Program, Sacramento, CA (Dr. Jerry S. Powell, Ms. Muriel Herr); University of Arizona Health Science Center, Tucson, AZ (Dr. John Hutter, Ms. Mary Lou Damiano); University of California San Francisco Medical Center, San Francisco, CA (Dr. Willis Navarro, Ms. Susan Roth); University of Cincinnati Medical Center, Cincinnati, OH (Drs. Joseph Palascak, Kenneth Sherman, Ms. Madeline Heffner); University of Iowa Hospitals and Clinics, Iowa City, IA (Dr. Jorge DiPaolo, Mr. Michael Lammer); University of Mississippi Medical Center, Pediatric Hematology/Oncology, Jackson,

MS (Dr. Rathi Iyer, Ms. April Morris); University of New Mexico Health Sciences Center, Pediatric Hematology/Oncology Program, Albuquerque, NM (Dr. Prasad Matthew, Ms. Marcia Schwartz); University of Pennsylvania Health System, Presbyterian Medical Center, Philadelphia, PA (Dr. Barbara Konkle, Ms. Angelique Wallace); University of Texas Houston Health Sciences Center, Gulf States Hemophilia and Thrombophilia Center, Houston, TX (Drs. Keith Hoots and Deborah Brown, Ms. Megan Ullman); Vanderbilt University Medical Center, Hemostatis and Thrombosis Clinic, Nashville, TN (Dr. Anne Neff, Ms. Marney Green); Wake Forest University School of Medicine, Department of Pediatrics, Winston-Salem, NC (Dr. Hernan Sabio, Ms. Anita Smith).

European Hemophilia Centers: Athens University Medical School, Department of Hygiene and Epidemiology, Athens, Greece (Drs. Anastasia Karafoulidou and Angelos Hatzakis, Ms. Vana Milona); Instituto di Medicina Interna dell Universita di Milano, Hemophilia and Thrombosis Center, Milan, Italy (Drs. Alessandro Gringeri, Augusto Federici, and Antonella Saladini); Karolinska Hospital, Coagulation Unit, Stockholm, Sweden (Dr. Sam Schulman, Ms. Doris Naslin); Malmo University Hospital, Department of Coagulation Disorders, Malmo, Sweden (Dr. Erik Berntorp, Ms. Karin Lindvall); Medizinische Einrichtungen der Universitaet Bonn, Department of Medicine, Bonn, German (Drs. Jurgen Rockstroh and Esther Voigt, Ms. Anja Nixdorf); San Bartolo Hospital, Hematology Department, Vicenza, Italy (Drs. Francesco Rodeghiero and Giancarlo Castaman).

South American Hemophilia Centers: Fundacao Faculdade de Medicina, Laboratorio de Coagulacao, Sao Paulo, Brazil (Drs. Paula Ribeiro Villaca and Elbio D'Amico, Ms. Eliane Sandoval); Instituto de Investigaciones Hematologicas "Mariano R. Castex", Academia Nacional de Medicina de Buenos Aires, Buenos Aires, Argentina (Drs. Raul Perez-Bianco, Patricia Bare, and Daniela Neme); State University of Campinas, Laboratorio de Hemostasia-Hemocentro de UNICAMP, Campinas, Brazil (Drs. Margareth Ozelo and Erich V. de Paula).

RTI International: Dr. Barbara Kroner, Mss. Maryanne Ardini, Sylvia Cohn, Violet Devairakkam, Kim Doeden, Tiki Firdu, Tabitha Hendershot, Kellie Kinsey, Jennifer Martin, Emily Moser, Monica Pecha, Liliana Preiss, Tracy Wills, Susan Wilson and Patty Yost, Mr. Danny Ringer.

Computer Sciences Corporation: Drs. Michael Plankey and Frances Yellin, Ms. Myhang Dotrang, Msr. Chuck Prorok and Phillip Virgo.

SAIC: Drs. Denise Whitby and Betty Conde.

National Heart Lung and Blood Institute: Dr. Luiz Barbosa.

National Cancer Institute: Drs. James Goedert, Eric Engels, Greg Kirk, Thomas O'Brien, Charles Rabkin, Philip Rosenberg, Fan-chen Tseng, Tania Welzel, and Mingdong Zhang.

REFERENCES

- Conry-Cantilena C, VanRaden M, Gibble J, et al. Routes of infection, viremia, and liver disease in blood donors found to have hepatitis C virus infection. N Engl J Med. 1996; 334: 1691-1696.
- Kenny-Walsh E. Clinical outcomes after hepatitis C infection from contaminated anti-D immune globulin. Irish Hepatology Research Group. N Engl J Med. 1999; 340: 1228-1233.
- 3. Muller R. The natural history of hepatitis C: clinical experiences. J Hepatol. 1996; 24(2 Suppl): 52-54.
- 4. Seeff LB, Miller RN, Rabkin CS, et al. 45-year follow-up of hepatitis C virus infection in healthy young adults. Ann Intern Med. 2000; 132:105-111.
- Vogt M, Lang T, Frosner G, et al. Prevalence and clinical outcome of hepatitis C infection in children who underwent cardiac surgery before the implementation of blood-donor screening. N Engl J Med. 1999; 341: 866-870.
- 6. Messick K, Sanders JC, Goedert JJ, et al. Hepatitis C viral clearance and antibody reactivity patterns in persons with haemophilia and other congenital bleeding

- disorders. Haemophilia. 2001; 7: 568-574.
- 7. Alter MJ, Kruszon-Moran D, Nainan OV, et al. The prevalence of hepatitis C virus infection in the United States, 1988 through 1994. N Engl J Med. 1999; 341:556-562.
- 8. Alter HJ, Seeff LB. Recovery, persistence, and sequelae in hepatitis C virus infection: a perspective on long-term outcome. Semin Liver Dis. 2000; 20:17-35.
- Piasecki BA, Lewis JD, Reddy KR, et al. Influence of alcohol use, race, and viral coinfections on spontaneous HCV clearance in a US veteran population. Hepatology. 2004; 40: 892-899.
- 10. Thomas DL, Astemborski J, Rai RM et al. The natural history of hepatitis C virus infection: host, viral, and environmental factors. JAMA 2000; 284: 450-456.
- 11. Busch MP, Glynn SA, Stramer SL, et al. Correlates of hepatitis C virus (HCV) RNA negativity among HCV seropositive blood donors. Transfusion (In press).
- 12. Seeff LB, Hoofnagle JH. Appendix: The National Institutes of Health Consensus Development Conference Management of Hepatitis C 2002. Clin Liver Dis. 2003; 7: 261-287.

- 13. Fletcher ML, Trowell JM, Craske J, et al. Non-A non-B hepatitis after transfusion of factor VIII in infrequently treated patients. Br Med J (Clin Res Ed). 1983; 287: 1754-1757.
- 14. Kernoff PB, Lee CA, Karayiannis P, et al. High risk of non-A non-B hepatitis after a first exposure to volunteer or commercial clotting factor concentrates: effects of prophylactic immune serum globulin.Br J Haematol. 1985; 60: 469-479.
- 15. Soucie JM, Richardson LC, Evatt BL, et al. Hemophilia Surveillance System Project Investigators. Risk factors for infection with HBV and HCV in a large cohort of hemophiliac males. Transfusion. 2001; 41: 338-343.
- 16. Yee TT, Griffioen A, Sabin CA, et al. The natural history of HCV in a cohort of haemophilic patients infected between 1961 and 1985. Gut. 2000; 47: 845-851.
- 17. Franchini M, Rossetti G, Tagliaferri A, et al. The natural history of chronic hepatitis C in a cohort of HIV-negative Italian patients with hereditary bleeding disorders. Blood. 2001; 98: 1836-1841.
- 18. Eyster ME, Sanders J, Goedert JJ. Viral clearance occurs very early during the natural resolution of hepatitis C virus infection in persons with haemophilia. Haemophilia. 2004; 10: 75-80.

- 19. Goedert JJ. Prevalence of conditions associated with human immunodeficiency and hepatitis virus infections among persons with hemophilia, 2001-2003. Haemophilia, 2005; 11:516-528.
- 20. Turnbull BW. The Empirical Distribution Function with Arbitrarily Grouped, Censored and Truncated Data. J Royal Stat Society. Series B (Methodological) 1976; 38: 290-295.
- Cleveland WS. Robust Locally Weighted Regression and Smoothing Scatterplots.
 J Am Stat Assoc 2002; 74: 829-836.
- 22. Suryanarayana K, Wiltrout TA, Vasquez GM, et al. Plasma SIV RNA viral load determination by real-time quantification of product generation in reverse transcriptase- polymerase chain reaction. AIDS Res Hum Retroviruses 1998; 14: 183-189.
- 23. Vogt M, Lang T, Frosner G, et al. Prevalence and clinical outcome of hepatitis C infection in children who underwent cardiac surgery before the implementation of blood-donor screening. N Engl J Med 1999; 341: 866-870.
- 24. Casiraghi MA, DePaschale M, Romano L, et al. Long-term outcome (35 years) of hepatitis C after acquisition of infection through mini transfusions of blood given at birth. Hepatology 2004; 39: 90-96.

- 25. Edmunds WJ, Medley GF, Nokes DJ, Hall AJ, Whittle HC. The influence of age on the development of the hepatitis B carrier state. Proc Biol Sci 1993; 253: 197-201.
- 26. Farci P, Alter HJ, Govindarajan S et al. Lack of protective immunity against reinfection with hepatitis C virus. Science 1992; 258: 135-140.
- 27. Mehta SH, Cox A, Hoover DR et al. Protection against persistence of hepatitis C. Lancet 2002; 359: 1478-1483.
- 28. Takaki A, Wiese M, Maertens G, et al. Cellular immune responses persist and humoral responses decrease two decades after recovery from a single-source outbreak of hepatitis C. Nature Med 2000; 6: 578-582.
- 29. Seeff LB, Hollinger B, Alter HJ, et al. Long-term mortality and morbidity of transfusion-associated non-A, non-B, and type C hepatitis: a National Heart, Lung, and Blood Institute collaborative study. Hepatology 2001; 33: 455-463.
- 30. Hanley JP, Dolan G, Day S, et al. Interaction of hepatitis B and hepatitis C infection in haemophilia. Br J Haematol. 1993; 85: 611-612.

- 31. Pontisso P, Ruvoletto MG, Fattovich G, et al. Clinical and virological profiles in patients with multiple hepatitis virus infections. Gastroenterology. 1993; 105: 1529-1533.
- 32. Liaw YF, Tasi SL, Chang JJ, et al. Displacement of hepatitis B virus by hepatitis C virus as the cause of continuing chronic hepatitis. Gastroenterology. 1994; 106: 1048-1053.
- 33. Wang YM, Ng WC, Lo SK. Suppression of hepatitis C virus by hepatitis B virus in coinfected patients at the National University Hospital of Singapore. J Gastroenterol. 1999; 34: 481-485.
- 34. Utili BR, Zampio R, Bellopede P, et al. Dual or single hepatitis B and C virus infection in childhood cancer survivior: long term follow-up and effect of interferon treatment. Blood 1999; 94: 4046-4052
- 35. Jardi R, Rodriguez F, Buti M, et al. Role of hepatitis B, C, and D viruses in dual and triple infection: influence of viral genotypes and hepatitis B precore and basal core promoter mutations on viral replicative interference. Hepatology. 2001; 34: 404-410.
- 36. Troisi CL, Hollinger FB, Hoots WK, et al. A multicenter study of viral hepatitis in a United States hemophilic population. Blood. 1993; 81: 412-418.

Table 1. Characteristics of hemophilic subjects with cleared and chronic HCV infection

	HCV cleared		HCV chronic		
	N	%	N	%	P-value
Ancestry					
African	16	19.1	68	80.9	
Non-African	176	28.0	452	72.0	0.08
Gender					
Male	183	27.3	488	72.7	
Female	9	22.0	32	78.0	0.46
Type of coagulation deficien	cy				
Hemophilia A	141	28.5	353	71.5	
Hemophilia B	40	26.0	114	74.0	
Other	11	17.2	53	82.8	0.15
Severity of coagulation defic	iencv				
Mild	34	20.5	132	79.5	
Moderate	31	25.2	92	74.8	
Severe	127	30.0	296	70.0	0.06
Type of factor treatment*					
NHT only or 1 st	65	30.2	150	69.8	
Both, cryo/plasma 1 st		27.5	206	72.5	
Cryo/plasma only	32	24.6	98	75.4	0.52

^{*} Non-heat-treated (NHT) factor concentrate; cryoprecipitate or fresh frozen plasma (cryo/plasma) used first (before the other) or exclusively.

Table 2. Univariate analysis of correlates of HCV clearance

	Cleared HCV	Chronic HCV	OR (95% CI)	P-value
Age at infection (qu	artile)			
< 2 years	67 (40.1%)	100	1.00	
2-5 years	41 (29.7%)	97	0.63 (0.39-1.02)	0.059
6-15 years	42 (26.1%)	119	0.53 (0.33-0.84)	0.007
16-60 years	23 (14.9%)	131	0.26 (0.15-0.45)	< 0.0001
Year of infection (qu	uintile)			
1947-1968	25 (18.2%)	112	1.00	
1969-1974	25 (21.6%)	91	1.23 (0.66-2.29)	0.51
1975-1979	30 (27.0%)	81	1.66 (0.91-3.03)	0.099
1980-1983	34 (28.8%)	84	1.81 (1.01-3.27)	0.048
1984-1990	59 (42.8%)	79	3.35 (1.93-5.80)	< 0.0001
HBV co-infection				
HBV uninfected	94 (28.7%)	234	1.00	
Resolved HBV	44 (24.3%)	137	0.80 (0.52-1.24)	0.29
Chronic HBV	13 (59.1%)	9	3.60 (1.38-9.49)	0.003
Alcohol use*				
None	106 (30.3%)	243	1.00	
< 36 g/week	24 (27.3%)	64	0.86 (0.51-1.45)	0.57
36-95 g/week	14 (16.3%)	72	0.45 (0.24-0.83)	0.01
≥ 96 g/week	15 (18.8%)	65	0.53 (0.29-0.97)	0.04
Ancestry				
Non-African	176 (28.0%)	452	1.00	
African	16 (19.0%)	68	0.60 (0.33-1.10)	0.08

^{*} Alcohol use before knowledge out of being infected with HCV. One drink was defined as 45ml (1.5 oz) of liquor, 120 ml (4 oz) of wine, or 360 ml (12 oz of beer) and was estimated to contain 12 g of alcohol.

Table 3. Multivariate logistic regression model of correlates of HCV clearance

Variable	OR (95% CI)	P-value
Gender		
Male	1.00	
Female	0.95 (0.41-2.20)	0.90
Ancestry		
Non-African	1.00	
African	0.46 (0.23-0.91)	0.03
Severity of coagulation deficiency		
Severe	1.00	
Moderate	1.05 (0.63-1.74)	0.86
Mild	1.01 (0.61-1.68)	0.97
Age at infection (quartile)		
<2 years	1.00	
2-5 years	0.65 (0.40-1.08)	0.10
6-15 years	0.72 (0.40-1.28)	0.26
16-60 years	0.34 (0.18-0.65)	0.001
Year of infection (quintile)		
1947-1968	1.00	
1969-1974	1.14 (0.60-2.14)	0.69
1975-1979	1.41 (0.75-2.68)	0.29
1980-1983	1.26 (0.66-2.43)	0.49
1984-1990	2.37 (1.25-4.49)	0.008